

Amendments to the Specification:

Page 5:

Page 5, between lines 18 and 19, please insert the following new paragraphs:

Figure 5 illustrates an isometric view of a hollow damping element, according to one embodiment of the present invention.

Figure 6 illustrates a side view of the hollow damping element shown in Figure 5.

Figure 7 is a cross-sectional view of the hollow damping element shown in Figure 5.

Page 7:

Please replace the paragraph on page 7, lines 3 through 7 with the following:

In the dynamic adjustment of spring elements 20, a flexible body is screwed into or onto the spring elements 20. This adjustment may, for example, be realized with a not-shown spring element or a not-shown rubber part. An additional damping effect can be achieved if a rubber damping element 22 is utilized.

Please replace the paragraph on page 7, lines 21 through 29 with the following:

The ~~not shown~~ damping elements 22 may be realized in the form of solid dampers or hollow dampers 22, as shown in Figures 5-7. Adjustments of the damping constant 32 can be carried out similar to those of the spring elements 20, wherein the damping constant can be adjusted by means of an axial prestress in solid dampers and hollow dampers 22 or by means of rotatable eccentric rings 48 arranged in hollow dampers. When utilizing vibration-reducing elements 18 in the form of hollow dampers 22, it is, according to the invention, also possible to fill the hollow damper 22 with compressed air or fluid such that an adjustment of the damping element 22 can also be achieved in this fashion.